Date

To Whom It May Concern:

I have been treating ***<<patient name>>*** since ***<<year>>*** for congenital ichthyosis. It is a rare genetic condition that affects the skin but can also cause issues with mobility, dehydration, sun exposure, respiratory problems, overheating, itch, metabolic deficiencies and more.

This patient needs to use products that moisturize the skin, assist in exfoliation, and protect from the sun. These products are typically applied several times a day.

This is a permanent disability that limits several aspects of daily life, including bathing, work, play, childcare, outdoor exposure, diet, and more. The nature of these limitations varies according to time of year and disease flare-ups. These limitations can be accommodated by access to shade/air conditioning/ cooling devices, frequent moisturization, bathing routines, and exfoliation.

Sincerely,

Physician  
Title  
Affiliation